

Young Minds Matter: the second Australian Child and Adolescent Survey of Mental Health and Wellbeing

Confidentialised Unit Record File (CURF): Data Release Protocol

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BACKGROUND

The second Australian Child and Adolescent Survey of Mental Health and Wellbeing (Young Minds Matter) was conducted in 2013-14 on behalf of the Australian Government Department of Health by the Telethon Kids Institute, The University of Western Australia in partnership with Roy Morgan Research. It was designed to provide current information about the mental health and wellbeing of children and adolescents in Australia and the extent to which they use health and education services to obtain help with problems.

The main aims of the survey were to determine:

1. How many children and adolescents have mental health problems and disorders.
2. The nature of these mental health problems and disorders.
3. The impact of these problems and disorders.
4. How many children and adolescents have used services for mental health problems and disorders.
5. The role of the education sector in providing services for children and adolescents with mental health problems and disorders.

In order to fulfil these aims a broad range of information was collected from parents and carers, and adolescents themselves. This included diagnostic mental disorder modules, questions on service use specifically tailored for the Australian health care environment and schools, and sections dealing with current practices, including the use of the internet. Background information about the environment in which young people live and develop, including the functioning of families and mental health of their parents and carers, and their experiences at school and online, was also collected.

Mental disorders were assessed using specific diagnostic modules from the Diagnostic Interview Schedule for Children Version IV (DISC-IV) and a specifically developed Impact on Functioning module. The DISC-IV is a standardised diagnostic instrument developed under the auspices of the United States National Institute of Mental Health, which is used worldwide to assess mental disorders in large samples. Disorder status is determined according to the criteria of the Diagnostic and Statistical Manual of Mental Disorders Version IV (DSM-IV), which is the diagnostic classification system used clinically world-wide. DISC-IV modules for seven disorders were included in the survey:

- Anxiety disorders: Social phobia, separation anxiety disorder, generalised anxiety disorder and obsessive-compulsive disorder;
- Major depressive disorder;
- Attention-Deficit/Hyperactivity Disorder (ADHD); and
- Conduct disorder.

Further information about YMM is available at www.youngmindsmatter.org.au.

PURPOSE OF THIS PROTOCOL

This data release protocol is intended to guide and inform the access, use and publication of data generated from the Confidentialised Unit Record File (CURF) which contains results from the Young Minds Matter (YMM) survey.

WHAT IS A CURF?

This CURF is a file of responses made to the YMM survey that have had all identifying information about the respondents confidentialised so that no one can be identified from the microdata.

Approval to conduct this survey was provided by the Australian Government Department of Health Ethics Committee and The University of Western Australia Human Research Ethics Committee. As part of this approval process, an undertaking was given that every effort would be made to confidentialise the data before it is released. This process may include removing all identifying information, such as name, date of birth, and address from the survey records; controlling the amount of detail; or changing some values before the data is analysed or used in any reports.

Accompanying the CURF are a Survey User's Guide, a Technical Manual, a library of formats, and a Metadata Repository, which contain detailed information about the content, structure and use of the CURF.

ACCESS PROCEDURES

The CURF and its accompanying documentation are held by the Australian Data Archive (ADA) whose access controls and processes apply. The YMM CURF is held under sub-archive ADA Social Science on the website www.ada.edu.au/social-science/acasmhw. Full information regarding accessing data from the ADA is available from www.ada.edu.au/ada/data-access.

The YMM CURF has a *special restricted access condition* which requires all researchers to have obtained ethics approval for their research from their own relevant ethics body before seeking access to the YMM CURF. By agreeing to the access conditions for this CURF, researchers will be providing an undertaking to maintain respondent confidentiality by using the CURF for specified statistical purposes only and not attempting to identify any particular persons by matching the YMM CURF information with any other list of persons or in any other way. Ethics committees are asked to ensure that proposed research using the YMM CURF conforms to the National Statement on Ethical Conduct in Human Research and that researchers do not attempt to identify any individuals from the CURF data.

FILE FORMATS

The CURF is available in SAS, SPSS and STATA formats.

RELATED INFORMATION

Results from and information about the YMM are being released in a number of ways (see below for a summary). For a full description of each data source see the Data Access Statement on the survey website www.youngmindsmatter.org.au.

Product/source	Internet link
Young Minds Matter website	www.youngmindsmatter.org.au
<i>The Mental Health of Children and Adolescents: Report on the second Australian Child and Adolescent Survey of Mental Health and Wellbeing</i>	www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-m-child2
Survey Results Query Tool	www.youngmindsmatterresults.org.au
Survey User's Guide	www.youngmindsmatter.org.au/information/for-researchers/ www.ada.edu.au/social-science/acasmhw
CURF, CURF Technical Manual, format library and Metadata Spreadsheets	www.ada.edu.au/social-science/acasmhw
Survey Questionnaires	www.youngmindsmatter.org.au/information/for-researchers/ www.ada.edu.au/social-science/acasmhw
Consent booklets and brochures	www.ada.edu.au/social-science/acasmhw www.youngmindsmatter.org.au/information/for-researchers/
Field Report	www.ada.edu.au/social-science/acasmhw
Measuring Severity of Mental Disorders with the YMM Parent/Carer-reported Impact Items: Technical Report	www.ada.edu.au/social-science/acasmhw www.youngmindsmatter.org.au/information/for-researchers/
Detailed Unit Record File (DURF) - Customised data tables	youngmindsmatter.SMB@telethonkids.org.au
Series of peer reviewed papers	<p>Methodology of Young Minds Matter: The second Australian Child and Adolescent Survey of Mental Health and Wellbeing OR Final submitted version.</p> <p>Key results from the second Australian Child and Adolescent Survey of Mental Health and Wellbeing OR Final submitted version.</p> <p>Service use by Australian children for emotional and behavioural problems: Findings from the second Australian Child and Adolescent Survey of Mental Health and Wellbeing OR Final submitted version.</p>

	<p>Self-harm: Prevalence estimates from the second Australian Child and Adolescent Survey of Mental Health and Wellbeing OR Final submitted version.</p> <p>Suicidal behaviours: Prevalence estimates from the second Australian Child and Adolescent Survey of Mental Health and Wellbeing OR Final submitted version.</p>
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